## **WINTER STORM**



Blizzards, heavy snows, ice storms, freezing rain, or sleet can be serious hazards. The first line of protection is to keep informed of weather conditions in the surrounding area through weather bulletins.

## What To Do

- Check battery-powered equipment, heating fuel, food stock, and other vital supplies.
- Layers of protective clothing are more effective and efficient than a single layer of thick clothing.
- Mittens are warmer than gloves.
- Cover the mouth to protect lungs from extremely cold air.
- Keep your car "winterized." Maintain a full tank of gasoline to keep moisture out of the tank.
- Carry a winter kit containing equipment to help keep you warm, visible, and alive if you are trapped in a winter storm.
- If a blizzard traps you in your car, avoid overexertion and exposure, turn on the dome light at night, and don't panic.

## What Not To Do

- Do not overexert yourself shoveling snow. It is extremely hard work and can bring on a heart attack – a major cause of death during and after winter storms.
- Do not take unnecessary trips.
- Winter Storm Watch means severe winter weather conditions may affect your area.
- Winter Storm Warning means that winter storm weather condition are imminent.